



Phillip Killebrew Jr., 34

Program analyst/requirements officer, Navy

At work: I assist the Office of the Deputy, Chief of Naval Operations, Submarine Warfare Division Tactical Submarines and Sustainment in its mission of integrating and analyzing requirements and resourcing for the United States' lateral efforts with allied partners and multiple readiness and sustainment portfolios — including the trilateral security partnership among Australia, the United Kingdom and the United States (AUKUS), the shipyard infrastructure optimization program and nuclear-powered submarines sustainment — throughout the planning, programming, budgeting and execution process.

Home and family: Portsmouth and Alexandria; I was born and raised in Portsmouth to Phillip Killebrew Sr. and Tammy Killebrew with three siblings. I am engaged to a 2023 Forty Under 40 Honoree, Cedricka Dalton, and we'll be married by Oct. 13. We live with a Yorkie named Jack, an orange tabby cat named Blaze and a red-eared slider turtle named Donnie.

Volunteer activities: Board member for Connections Mentor Inc.; Fraternal Order of Eagles; Benevolent Protection Order of the Elks; election officer (now assistant chief election officer) for Portsmouth; Meals on Wheels in Alexandria; supporting church activities for First Pentecostal

Church of Christ Holiness in Portsmouth; Mentor Collective (mentoring college students); and volunteering for Access Scholarship Foundation events.

Motivating factor: Being the person in the family who is mostly first generation for everything I have accomplished so far and setting an example for others who came from disadvantaged backgrounds like myself.

Advice to young people: We are what we go out to achieve to be and not what circumstances we are born or fall into.

Professional goal in five years: To be on six boards for different organizations and start a consulting business.

The one thing I'd change about Hampton Roads: The stigma that others associate regarding crime and that there is little to do here for fun and excitement.

Region's biggest asset: Diversity in religion, age, ethnic backgrounds and military history as well as history of our region and country.

Downtime: Play paintball, visit museums, road trips, read many genres of books and host cookouts with my family in the summer.

What really gets under my skin: Not being on time and being over an hour late (unless something happened that is out of the person's control).



Morgan Lambert, 31

Associate attorney, Kaufman & Canoles

At work: I am an attorney in the firm's Estate, Trust, and Wealth Transfer Group. My practice is focused on estate planning, estate and trust administration, and fiduciary taxation.

Home and family: I live in Virginia Beach with my husband, Peyton, and our son, Baker, who we welcomed to the world on July 16! I grew up in Denver and moved to Virginia in 2015 to attend William & Mary Law School. My clerkship with the Norfolk Circuit Court brought me to Hampton Roads in 2018.

Volunteer activities: I serve on the Professional Advisors Committee of the Hampton Roads Community Foundation, and I'm a member of the Lead757 class of 2024 through the Hampton Roads Chamber. I love learning about the region through these organizations and celebrating their commitment to the prosperity of Hampton Roads.

Motivating factor: Since becoming a mom, leading by example has taken on an entirely new meaning. I am motivated by the desire to lead a life, both personally and professionally, that is an example to my son of kindness, hard work, integrity and an awareness of the needs of others.

Advice to young people: Be open minded to professional opportunities that may not be your "dream job." Each position you undertake is a steppingstone in your career and an opportunity to develop your skills and gain exposure. The job you are

reluctant to take often has a way of propelling you in a whole new direction that is better than you could have imagined!

Professional goal in five years: My goal is to be a partner at Kaufman & Canoles and to be known in the region for both my professional expertise and the personal care I have for each of my clients.

The one thing I'd change about Hampton Roads: As a transplant, I am always taken aback by the lack of unification among Hampton Roads. The old adage, "there is strength in numbers," rings true for the area and I would like to see the localities embrace a spirit of regionalism rather than competition and division. I believe that doing so would allow each locality to grow and prosper at a faster rate than they ever could independently and this would increase both the reach and reputation of the area nationally.

Region's biggest asset: The economic diversity of the region is our greatest strength.

Downtime: Not being from the area, you can find me taking advantage of all that Coastal Virginia has to offer in my downtime. Whether it be the beach, a state park, golf course or the new restaurant down the street, I love exploring the area with my family and feel fortunate to call this my home!

What really gets under my skin: Being late! We are all busy and our time is valuable. I believe promptness displays a basic level of respect and consideration.